Name: Cat Bryant
Year: 03
Major: Finance, Biomedical Sciences
Slogan: “Believe in Bryant”

Qualifications:
- War Eagle Girls and Plainsmen
- Camp War Eagle Counselor
- Senator, Harbert College of Business
- Panhellenic Council
- Undergraduate Research Assistant

Platform:
As a candidate for Miss Auburn, my platform centers on the creed stanza, “I believe in a sound mind, a sound body, and a spirit that is not afraid, and in clean sports that develop these qualities”. Fear and uncertainty have been parts of my Auburn story from the beginning. Having traveled 701 miles from Texas, I had no idea the growth that would come from leaving my family and striking out on my own. Today I look at “out of state” as a gift, because it challenged me to look at every person I met as a potential friend and every risk as my next great adventure. This line serves as a constant reminder to not only break boundaries, but to break them with confidence. To me, the rest of our creed cannot be realized without stepping out of our comfort zones first.

Working as an undergraduate research assistant in the Health Equity Research lab has transformed my view of the Auburn family. In the field of Health Disparities, each person who walks through our door has a different background, unique perspective, and burdens they carry every day. I have been humbled by the resilience and bravery of these students as we study the effects of chronic stress on their minds and bodies. Their stories have deeply impacted me and greatly enhanced my outlook of our community.

Through my time as an orientation counselor at Camp War Eagle this summer, I got to make 127 new students feel at home. The best part of the job has been continuing to walk with them through the ups and downs of their first year of college and cheering them on when they are most afraid. Having them over for waffles, finals week cookies, taking prayer requests, and reminding of them the potential they have is beyond rewarding.

I continue to learn what it means to be an Auburn woman through my involvement with War Eagle Girls and Plainsman. The group’s unofficial motto, “drink deeply, for the cup only passes once” encourages me to take advantage of every moment this University provides. This year I had the opportunity to travel to every away game and meet students and fans across the southeast. Athletics provides an incredible platform to spark conversations, share ideas, and
connect with other leaders in their respective fields. It was a joy to represent Auburn to our peer institutions and share that “War Eagle!” hospitality we are all about.

I am deeply humbled to be given this opportunity to serve Auburn and the Auburn family. In my time here I have created some of the best memories of my life. It is clear to me that we attend a University that cares as much about developing our character as our success in the classroom. This is why I believe in Auburn, and would love for you to also believe in me this week as we strive to make Auburn a better place—together.

Cat Bryant

Catherine “Cat” Bryant